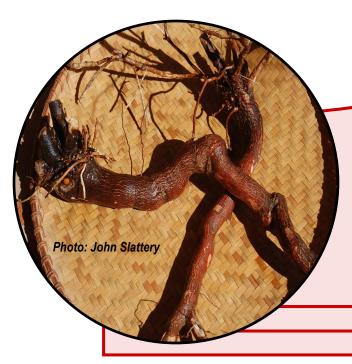
## Discover the bounty growing in your own back yard...



## Wildcrafting: Red Root

Wildcrafting is the ancient practice of harvesting and processing medicinal plants; Red Root (Ceanothus) is a uniquely North American plant with a world-wide reputation as potent medicine. We will spend the morning harvesting red root in its native habitat then head into the "lab" (River School Farm) to process it into a tincture which each participant will take home. Morning in the field will be rigorous: digging roots and hiking over potentially steep, unbroken terrain. If you have any concerns about your ability to participate, please contact the instructor before registering.



Group size will be limited to 10 individuals

- **→** Saturday July 31, 2021
- 9:00 a.m. 5:00 p.m.
- Half Day in the Field / Half Day in the Lab
- \$100.00 includes all materials
- Instructor: Evert Broderick
- To Register: Visit or Call
   Truckee Meadow Herbs
   1170 S. Wells Ave. / 786-8814
- For more information: evert@taking-root.com www.taking-root.com