

Discover the bounty growing in your own back yard...



Photo: John Slattery

Wildcrafting: Red Root

*Wildcrafting is the ancient practice of harvesting and processing medicinal plants; Red Root (*Ceanothus*) is a uniquely North American plant with a world-wide reputation as potent medicine. We will spend the morning harvesting red root in its native habitat then head into the “lab” (River School Farm) to process it into a tincture which each participant will take home. Morning in the field will be rigorous: digging roots and hiking over potentially steep, unbroken terrain. If you have any concerns about your ability to participate, please contact the instructor before registering.*



Group size will be limited to 10 individuals

➔ **Saturday - July 31, 2021**

- 9:00 a.m. - 5:00 p.m.
- Half Day in the Field /
Half Day in the Lab
- \$100.00 - includes all materials
- Instructor: Evert Broderick
- **To Register:** Visit or Call
Truckee Meadow Herbs
1170 S. Wells Ave. / 786-8814
- **For more information:**
evert@taking-root.com
www.taking-root.com